

# Floyd County Schools

# OCTOBER 2010

Monday

Tuesday

Wednesday

Thursday

Friday

**Did You Know?** Pumpkins are a fruit.

**FLOYD COUNTY FARM TO SCHOOL WEEK is Oct 4 - 8!**

**National School Lunch Week is Oct 11-15!**

Join your child for lunch one day!

**4**  
Sausage Biscuit w/Gravy  
Cheese Pizza OR  
Chef Salad  
Corn on Cob, Salad  
**Local Apples, Roll**

**5**  
Breakfast Pizza  
Submarine Sand  
OR Manager's Choice  
**Baked Potato Picked up by FES 5<sup>th</sup> Grades**  
Let/Tom/Pickle  
Roll, Cake

**6**  
Protein Biscuit  
Chicken Drumsticks  
OR Fish Sticks  
Peas, Fresh Veggie  
Cup, Roll

**7**  
Mini Pancakes  
Corn Dog Nuggets  
OR Hot Ham & Cheese  
Pinto Beans  
**Steamed Local Cabbage, Cornbread**  
Brownie

**8**  
Bacon, Egg & Cheese Biscuit  
Hamburger OR  
Cheeseburger  
French Fries  
Let/Tom/Pickle  
**Local Apples**

**11**  
Sausage Biscuit w/Gravy  
CHAMPION CHICKEN  
Nuggets  
Steamed Broccoli  
Orange Wedges, Roll

**12**  
Breakfast Pizza  
STEP IT UP  
SPAGHETTI w/Meat  
Sauce  
Garden Salad, Mixed  
Fruit Cup, Bread Stix

**13**  
Protein Biscuit  
SAY "CHEESE"  
CHEESY STEAK -EM  
On Bun  
Sweet Potato Fries  
Green Beans, Kiwi Fruit

**14**  
Manager's Choice  
ACTION PACKED  
CHICKEN FAJITA WRAP  
Calif Veggies  
Pineapple Tidbits  
Roll

**15**  
Sausage Biscuit w/Gravy  
REACH YOUR PEAK  
PEPPERONI PIZZA  
Fresh Broccoli  
Fresh Pear, Roll

**18**  
Sausage Biscuit w/Gravy  
Hot Dog on Bun w/Chili  
OR Meatball Sub  
Honey Carrots  
Tossed Salad, Crackers

**19**  
Breakfast Pizza  
MAXX Cheese Stick  
OR Cheese Quesidilla  
Corn  
Shred Let/Tomato  
Crackers, Cookie

**20**  
Protein Biscuit  
Turkey & Swiss  
Sand OR Manager's  
Choice  
Peas, Tossed Salad  
Roll

**21**  
French Toast  
Stix  
Breakfast 4 Lunch  
Sausage OR Chicken  
Biscuit, Potatoes  
Baked Apples, Gravy

**22**  
Bacon, Egg & Cheese Biscuit  
BBQ Rib on Bun OR  
Steak Nuggets  
Mashed Potatoes  
Green Beans, Roll

**25**  
Sausage Biscuit w/Gravy  
Sweet n'Sour Chicken  
OR Corn Dog  
Rice, Stir Fry Veggies  
Roll

**26**  
Breakfast Pizza  
Steak w/Gravy OR  
Baked Ham w/Roll  
Mashed Potatoes  
Steamed Broccoli  
Roll, Pudding

**27**  
Protein Biscuit  
Chili Cheese Nachos  
OR Bean & Cheese Bur  
Diced Potatoes  
Salad, Kids Munchies

**28**  
Manager's Choice  
Breakfast  
Grilled Chicken Patty  
OR Turkey & Cheese  
Sand  
Mixed Veggies, Sweet  
Potatoes, Roll

**29**  
Sausage Biscuit w/Gravy  
Toasted Cheese OR  
PBJ Sandwich  
Potato Soup, Salad  
Crackers, Cookie

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## School News

### Lunch Prices:

Elem - \$1.75

Sec - \$1.85

Reduced - 40¢

Adult: \$2.40

Milk: 40¢

Extra Lunch Entrée' \$1.40

Breakfast - 80¢

Reduced- 30¢

Offered Daily

PBJ or Entrée Chef Salad

Fruit or Juice

Assorted 1 % or Skim Milk

