



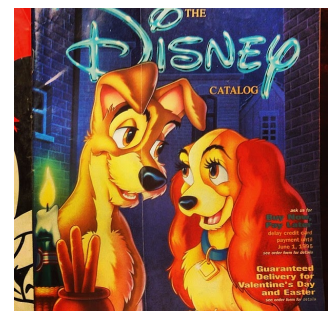
News & Information

- All identified students received gifted semester reports at the end of January to show parents and guardians some of the great things our teachers do to help differentiate instruction! Our main mode of gifted service delivery happens through the instruction going on in the classroom. You will receive another report at the end of our next semester as well.
 - We are so excited to offer pull-out instruction again for the third nine weeks! We started the week of February 7th in all of our elementary schools for grades third through seventh. Enrichment pull-out will be offered every other week for both our English and math-identified students.
 - Any Governor's School student or gifted student in grades 8th-12th who'd like to chat about grades, concerns, classes they should take—I can meet at the high school Monday's after 10:30am to help you with all of those things. Ms. Keith has my sign-up sheet in guidance.
 - Congratulations to Ryder J. Quesenberry, from Indian Valley Elementary, for winning the District-wide Spelling Bee; and to Evelyn J. Friday, from Floyd Elementary, for being our runner-up! Way to go!!!
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Happy Valentine's

Don't just celebrate on the 14th, celebrate love and kindness everyday. Do small things such as....

- Make heart-shaped pancakes
- Leave a note of gratitude in a lunchbox or book bag
- Have a family dinner night and share your favorite memory of each other
- Decorate your child's bedroom door with hearts telling them all the things you love about them
- Only eat red snacks for the day (red M&Ms, BBQ chips, red Skittles, strawberry ice cream, red frosted cookies)
- As a family, go and do something nice for others
- Make special Valentine's treats for your pets
- Let the kids stay up late and watch the Disney classic love story, Lady and the Tramp



Fact or Neuromyth?

What is a Neuromyth? It's a belief that a lot of people have about learning or how we use our brains that simply is NOT true. See if you have heard some of these common neuromyths.



MYTH: You only use 10% of your brain.

TRUTH: You may not use every part of your brain all of the time, but you definitely use all areas of your brain, 100%.



MYTH: The brain doesn't change after puberty.

TRUTH: Your brain actually changes way past adulthood, some even say right up to death. And, you can learn at any time (some ages and stages of life may be harder to learn in than others, though).

MYTH: You are either right-brained or left-brained.

TRUTH: There is no evidence that the left or right brain is stronger. Each part of the brain has a function, and when needed, those functions help us to speak, walk, feel emotion, etc.

MYTH: Individuals learn best when they learn in their learning style. (e.g., auditory, visual, kinesthetic)

TRUTH: People may *prefer* a certain learning style, but we learn best when information is presented in multiple ways. We are not **ONLY** auditory learners or **ONLY** kinesthetic learners. Various modes should be used to reach children in order to create multiple neural pathways.

MYTH: Individuals can multi-task effectively.

TRUTH: When you “multi-task,” no matter how well you think you do it...you are not giving 100% attention to the activities that are supposed to have your focus. This may not matter if you are talking on the phone and watching TV, but if you are learning...it matters! The

divided attention when trying to learn messes up the information processing stages resulting in poor learning.

Gov School app due the 25th

We had a great turn out for our student and parent meeting on February 8th. The Governor's School counselor was able to come out and present to us at both meetings, and give us all an idea of what it's like attending Governor's School. On the 18th, students will be writing in school on the 5 essay topics located on the contact information page in the application packet. Please see below for other important dates.

Application process/due dates for Governor's School 2022-23

Updated 2/11/22

- **Feb. 8:**
 - FCCHS 2pm cafeteria meeting with students interested in attending Governor's School 2022-23
 - Parent meeting, FCCHS, library 6pm (Applications will be given out after the meetings—and will be available in guidance)
 - Give out your teacher recommendations, giving teachers at least one week notice to complete. Only fill out the top, teachers will complete the recs on a Google form they have already been provided.
- **Feb. 18:**
 - Applicants will participate in the timed essays portion of the application in school at 12pm. The essays you will be given are in your application, so you can practice ahead of time. The final essays have to be written in school on this date though.
 - Once you complete the essays, you will give the counselor form in the app packet to your counselor to complete.
- **Feb. 22:**
 - Field trip for all applicants to the Governor's School – permission forms will be given 2/18 when you have your in-school essay.
 - Teacher recommendations due (3)- former math and science teachers, and a teacher of your choice. It's your responsibility to check in to make sure they've been submitted on the Google form.
- **Feb. 25:**
 - Application due
- **Week of Feb. 28:**
 - Student interview / post-application sessions (dress as you would for an important job interview), you will get a specific date for your interview.
- **By March 31st:**
 - Decision letters will be sent on or before this date

*For more information on SWVA Governor's School: <https://www.swvgs.us/> or contact our Student Enrichment Specialist, Dr. Snyder: snyderj@floyd.k12.va.us or FCCHS.