



FLOYD COUNTY PUBLIC SCHOOLS

Employee Self-Monitoring

1. What is the benefit of symptom monitoring in reducing COVID-19 risk?

Daily symptom monitoring may help detect the early onset of illness so that employees can isolate themselves from others and reduce their risk of spreading the disease. As such, we all have a role to play in protecting others and ourselves. Self-monitoring for COVID-19 related symptoms is the best method for protecting yourself, family members, friends, schools and the community at large.

2. Who must follow this guidance?

All employees of Floyd County Public Schools.

3. What must I do?

All personnel will check for fever and symptoms of COVID-19 in the mornings before reporting to their workplace, even if they have been fully vaccinated.

4. *What should I look for?

Fever of 100 or greater	Body Aches	Loss of Taste or Smell
New Shortness of Breath	New Cough	Sore Throat
Nausea	Vomiting	Diarrhea
Close contact with someone diagnosed with COVID-19 or being tested		
Been advised by the local Health Department to self-isolate/quarantine		

Employees, please use the following [link](#) for information related to COVID-19 and where you can have access to testing for COVID. Also, please contact the school nurse and they will be able to let you know where the most convenient testing center is for you.

*If you have any of these symptoms, **DO NOT COME TO WORK AND NOTIFY YOUR SUPERVISOR** who will then notify the FCPS Human Resources Office. You are then required to seek medical attention for your symptoms. Based on the recommendations from the healthcare provider, you may need to be isolated or to quarantine for a 10-day period and be symptom-free for two (2) days before you may return to work.